



Thanks to Glenbrook and Mt Riverview Public School students who shared their experience in November 2014:

Olivia, Georgia, Ruby, Violet, Anna, Leeanna, Paige, Ambriel, Sirinya, Bianca, Alana, Tamara, Charlie, Charlotte, Layla, Phoebe, Thomas, Daniel, Luke, Riley, Jake, Will, Josh, Oliver, Lachlan, Rowan, Zac, Cameron, Kieran, Connor, Hayley, Erin, Martin, Alek Dakota, Patrick, Louis, Sierra, Jemima, Kayleb, Charlotte, Lawson, Sofie, Blake, Natalia, Harrison, Olivia, Amani, Phillip, Justin, Mikko, Charlotte, Paige, Ruby, Ashden, Savannah, Corin, Will, Sophie, Angus, Marley, Emily, Max, Darcy, Lanie.

GLENBROOK LAGOON WALK

1 km LOOP TRACK
45 mins CIRCUIT - EASY



Special thanks to project partners for support and funding



STRONGER FAMILIES ALLIANCE



Bush Trackers
explore the bush with guides for kids by kids

GLENBROOK LAGOON WALK • 1km • easy grade • 45 mins circuit

WHAT TO BRING IN YOUR BACKPACK

- a bottle of water.
- plenty of snacks.
- a raincoat.
- warm clothes in winter.
- small plastic bag for rubbish.
- small torch.
- camera.
- pencils for drawing.
- wear a hat, sunscreen and enclosed walking shoes.
- a small first aid kit could be useful.

BUSH TRACKER SAFETY

Safe Bush Trackers are prepared and

- know your track and take your map
- ask permission from an adult and let them know where you are walking and when you return
- don't go near cliff edges and stay behind safety fences.

MINIMAL IMPACT BUSH TRACKING

means you try to do no damage at all to the environment so that someone following you could not tell you had been there.

Take nothing but photos, leave nothing behind:

- always keep to the track & tread softly & quietly
- don't pick the flowers or plants in the bush
- be gentle and careful if you touch things (don't touch snakes and spiders!)
- carry your rubbish out with you
- Bush Trackers walk in small groups (4-15 people)

The Bush Trackers project helps create a child friendly community in the Blue Mountains and grew from support of the Stronger Families Alliance (www.strongerfamilies.co) and is coordinated by Jacqueline Reid with the assistance of Lucy McGarry, help from teachers, parents and kids and the Blue Mountains City Council Environment Branch!

NSW National Parks and Wildlife Service Discovery Rangers guide Stage 2 school kids aged 8-10 years old on a local bushwalk, encouraging the kids to share their experience through words, poems, drawings and photos. PerformingDesign used these to create the map and guide to encourage other kids and families to safely enjoy the bush.

For more information and tips go to: www.bushtrackers.com.au; www.wildwalks.com; www.environment.nsw.gov.au/nationalparks or www.bmcc.nsw.gov.au

We respectfully acknowledge the Traditional Custodians of this place.

On the sixth of November a group of students from Glenbrook and Mount Riverview public schools

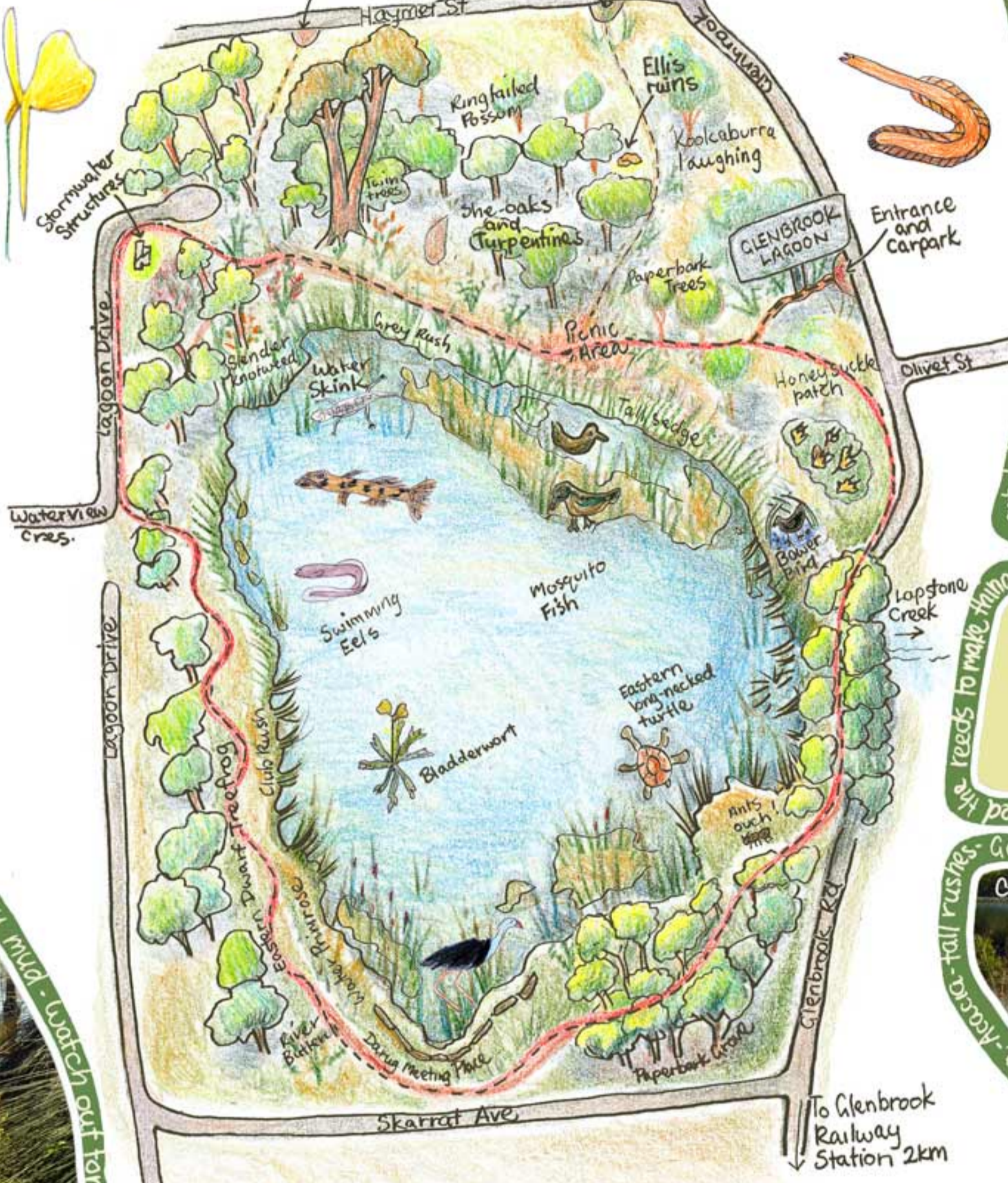
GLENBROOK LAGOON WALK - 1 km, easy grade, 45mins circuit.

Glenbrook Lagoon is a natural lagoon wetland that provides habitat for plants and animals that are special to the area. Rare forests, woodlands and reeds grow around the Lagoon which is a haven for many bird species. Blaxland, Wentworth and Lawson, on their expedition across the Blue Mountains in 1813, said it was "a large lagoon of good water full of very coarse rushes". William Cox built a supply depot there when building the historic road across the Blue Mountains from 1814. The Lagoon was later dammed to provide water for steam trains which began travelling across the Blue Mountains from 1867.

Start your Bush Tracker adventure at the Glenbrook Lagoon sign on Glenbrook Rd. Stroll through a ferny forest to the picnic area to enjoy the view and hug the big, old Sydney Red gum tree. Detour on a small track to explore the remains of the old Ellis family home. Come back to the main track and turn right, peaking through the Grey Rush and the Grey Sedge to the edge of the Lagoon as you go. Walk by the twin trees and out onto Lagoon Dye to see the structures that help protect the Lagoon from stormwater run-off. Re-join the track near Waterview Cres and meander through the paperbark grove to the Darug meeting place to learn how Aboriginal people lived nearby. Be careful of traffic and marvel at the enormous Scribbly gums as you walk alongside Glenbrook Rd to re-join the track near the carpark.



NORTH



Look can you find these plants?



Make a mud drawing with a stick!



Touch
bark, leaves, rocks, moss
rushes and sedges. Hug a tree
Things not to touch
snake holes, fungi,
spiders, insects



Write words that describe what you see, hear or feel (adjectives)

Listen
how many different bird
calls can you hear?

Can you guess who lives here?



Crevilla - Banksia



Look
if you are quiet & look
carefully you might see
some creatures

Find these
and tick the box



explore's ready for adventure, a great team of explorers ready for adventure, so many creatures - some are hiding - Swamp hen - Wood duck - Plover - Cormorant - Turtles - Water Dragons - Dragonflies - Spiders - Fish - eels - You'll lose your shoes in the squishy mud - watch out for biting ants - listen to the birds - We learnt about a plant called Lomandra - Apparently, if you pick out a small leaf of Lomandra the end of it is edible - We did leaf rubbings -

arrived of Glenbrook Lagoon ready with hat, notebook, pen and sunscreen for a fun day of learning and activities. The rangers knew they had a lot to say about the day, I loved the day, We can come again, I learnt lots about flora and fauna, the reeds to make things - afternoon sun glistens on the water - the Darug people used heart flowers - Lomandra - Kuskus - Slender knotweed - Creeping buttercup - Egg and Bacon - Kuskus - tracks - Bleeding heart flowers - Lomandra - Kuskus - Golden flowers - papery - tall rushes -

Half way through the bushwalk we drew pictures with charcoal. We found out about the red triangle sign - they make very noticeable marks on trees. very interesting -